

Extreme sports such as sky diving and skiing are very dangerous and should be banned. To what extent do you agree or disagree with this view?

While participant numbers in traditional outside mainstream sports such as baseball and golf have declined in recent years, the equivalent number in extreme sports has skyrocketed. In spite of the arguments against this growing trend, I believe these so-called vicious sports are of significant value.

First, many who manage to embrace action sports describe them as a life-~~changing~~ enhancing as well as life-changing experience. Individuals who ventured to get involved in such sports are still modern humans who had been stuck in a ~~rot-rut~~ and are now exploring limits of their human skills and endurance. No, they are only-not some irresponsible risk-takers who do not value their lives, and ~~no~~ they are not some 'morons' with a death wish; they are not from different species or other planets, only some of us who endeavor to lead a different life, escaping its harsh, boring reality. Given the ongoing sedentary lifestyle prevailing among all the world's generationspopulations, these may give a reason to value life and maintain interest in proceeding it.

Second, according to many studies, people who regularly perform feats such as parachuting off a mountain face or gliding on the enormous waves of the sea will change the chemical composition of their brain. They put themselves so many times into danger, some may be life-threatening, that they get accustomed to a great deal of tension, thereby increasing their capability of staying calm and centered during stressful situations, which is the result of a surge in adrenaline.

Finally, who is to decide which sports are extreme? It is all the-a matter of relativity. With a closer look, it is clear all sports include some element of risk. Even in a sport like football with international fame, players might become seriously injured, or in extreme cases lose their lives. Although some may label these alternative sports as "uncivilized", providing that hurting other species is off-limit such as dog-baiting and, they are far away from this unfair accusation. Moreover, the youth will eventually find a way to release their build-up energy and participate in an adrenaline-pumping activity, whether it is legal or not, and banning these will just give young people justification to taste /test/experiment with other illegal activity.

In conclusion, although ~~some~~ some might disagree with active sports such as skydiving, as long as they do not entail barbarous games such as hurting animals or other humans, I am of the opinion that these sports can benefit their champions on different grounds.